COMMERCIAL SERIES ELLIPTICAL CROSS-TRAINER

TS1™

The TRUE TS1 is driven by a patented CoreDrive™ system that keeps the user in the center of the exercise motion for superior balance, stability and comfort. Parallel footpath technology delivers a natural motion unmatched by front- or rear-drive elliptical machines. The TS1 adapts to the user rather than forcing the user to adjust his/her stride to the machine. Another exclusive feature of the TS1 is the ability to isolate the upper body by stepping off of the foot pedals and onto side steps. Other manufacturers may claim that their elliptical is "total body," but the only way to get an effective upper body workout is to allow the user's arms to do the work independently, without assistance from the legs. The TS1 is the only TRUE full-body, cross-training elliptical machine for your facility.

TS1 CONSOLE ▶

Drive System	Core Drive™ (Dual Crank)
Stride	Fixed – 21" (53 cm)
Workload Range	25 – 600 Watts
Display Type	Advanced Custom LCD
Data Readouts	Time, Distance, RPM, Heart Rate, Level, METs, Watts, Calories
Message Center	17 Character Alphanumeric
Quick Start	Yes
Key Functions	Numeric Keypad
Express Command Keys	Yes
Pre-Set Workouts	2 Interval Programs, 2 Hill Programs
Entertainment Ready	Yes
Heart Rate Monitoring	Contact Heart Rate + Wireless
HRC® (Heart Rate Control)	Yes
Heart Rate Control Workouts	1 Target, 1 Interval
Cruise Control®	Yes
Pause Feature	Yes (15 seconds)
Reading Rack / CD Holder	Yes
Accessory / Water Bottle Holder	Yes
Safety Features	Extended Handrails for Easy Entry & Exit, Side Step-on Areas & Low Step-up Height
Upper-Body Only Arms	Ergonomically Designed
Pedal Spacing	2"
Footpad Surface	SoftStep™ Cushioned Antifatigue Material
Step-up Height	Foot Skate Lowest Position: 11"
Transport Wheels	2 in front
Power Source	Self-Generating (optional 115v or 220v power supply available)
Frame	Powder Coated Welded Steel
Footprint	63"H x 57"L x 34.5"W (160 cm x 145 cm x 88 cm)
Elliptical Weight	425 lbs (193 kg)
Maximum User Weight	350 lbs (159 kg)
Warranty	Frame (30), Parts (3), Labor (1)

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